



Tipo de Serviço		Sem Plano	My Home Care
Psicologia (50 - 60 minutos) 	Tele / Video Psicologia	60,00€	40,00€
	Psicologia Infantil	80,00€	60,00€
	Apoio Psicopedagogico	80,00€	60,00€
	Psicologia Clinica e do Adulto	80,00€	60,00€
	Aconselhamento e Promocao de Competências Parentais	80,00€	60,00€
	Consulta de Ansiedade, Stress e Trauma	80,00€	60,00€
	Psicogerontologia	80,00€	60,00€
	Terapia de Casal/ Familiar	120,00€	80,00€
	Sexologia	100,00€	70,00€
	Apoio no processo de gestão de doença crónica/oncologia	80,00€	60,00€

*Atualizado a 1 de Setembro de 2025



Type of Service		Without Plan	My Home Care
Psychology 	Tele/Video Psychology	60,00€	40,00€
	Child Psychology	80,00€	60,00€
	Psychopedagogical Support	80,00€	60,00€
	Clinical Psychology and Adult Psychology	80,00€	60,00€
	Counseling and Promotion of Parenting Skills	80,00€	60,00€
	Consultation for Anxiety, Stress, and Trauma	80,00€	60,00€
	Psychogeriatrics	80,00€	60,00€
	Couples/Family Therapy	120,00€	80,00€
	Sexology	100,00€	70,00€
	Support in Chronic Illness/Oncology Management Process	80,00€	60,00€

*Last Update September 2025